

Tiempos de Berkeley

FERIA DE SALUD

“¡Piensa antes de tomar & dile no a las bebidas azucaradas!”

AUTOR: MULTICULTURAL INSTITUTE (MI)

Durante 26 años, el Instituto Multicultural (MI) se ha comprometido a promover recursos y servicios ayudar a mejorar la calidad de vida de las familias Latinas inmigrantes con las que trabaja. Éste compromiso se ha demostado al traer a las calles una Unidad Móvil de Salud del Condado de Alameda, 2 veces al mes; para atender personas de bajos ingresos y/o desamparadas; así como la Unidad Móvil de Cuidado Dental “Onsite”, una vez al año; ofreciendo servicios gratuitos, no sólo a las familias inmigrantes Latinas, sino también a las personas de bajos ingresos dentro de la

comunidad del Oeste de Berkeley, en que la que se encuentran las oficinas del Instituto Multicultural.

Buscando siempre formas de promover estilos de vida saludables para personas residentes de Berkeley, ahora MI está organizando un evento en colaboración con la Feria de la Determinación, auspiciada por la Escuela de Adultos de Berkeley (Berkeley Adult School – BAS) el sábado 2 de diciembre, de 10 a.m. a 2 p.m. ¡Todas y todos son bienvenidos!

SOURCE: MULTICULTURAL INSTITUTE (MI)

For 26 years, the Multicultural Institute (MI) has been committed to promote resources & services to help improve quality of life of the immigrant families it serves. This commitment has been demonstrated by bringing a Mobile Van from the Alameda County Health Care for the Homeless, twice

a month, as well as the Mobile Onsite Dental Clinic, once a year to the streets, where it offers free services not only to the immigrant families, but also to low income people with disabilities. For more info, call (510) 642-0808, or go to bampfa.org.

HEALTH FAIR

“Think before you drink & say no to sugary drinks!”

SOURCE: MULTICULTURAL INSTITUTE (MI)

Looking for ways to promote healthy life styles for Berkeley residents MI is organizing an event in collaboration with the Resilience Fair, hosted by the Berkeley Adult School (BAS) – on Saturday, December 2, from 10 a.m. to 2 p.m. All are welcome.

In a limited engagement, Berkeley Art Museum Pacific Film Archive (BAMPFA) presents *DOLORES*, a sizzling documentary film by Peter Bratt (US, 2017). In all there will be four screenings:

- Sunday, Nov. 12, at 7 p.m.
- Saturday, Nov. 18, at 3:30 p.m.
- Friday, Nov. 24, at 5:30 p.m.
- Sunday, Dec. 3, at 2:30 p.m.

BAMPFA is located at 2155 Center St. in the Arts District of downtown Berkeley. General admission tickets are \$12, and there are discounts for students, seniors, and those with disabilities. For more info, call (510)

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